

Riverside School Lunch Menu from 4 September 2024

Week 1					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Meal	Chicken Jalfrezi, Pilau Rice, Raita & Mango Chutney	Mexican Chilli Beef Con Carne with Spiced Potatoes, Nachos Sweetcorn & Peppers	Sticky Jerk Chicken with Pineapple Salsa, Coconut Rice & Papaya Coleslaw	Butchers Chicken Sausages with Gravy, Onion Chutney, Carrots, Broccoli & Creamy Mashed Potato	Battered Fish Fillet or Sausage Dogs, Oven Baked Chips, Garden Peas or Baked Beans, Chunky Tartare Sauce, Ketchup & Lemon
Main Veg Meal	Roasted Aubergine, Chickpea & Tomato Curry	Vegan Chilli, Spiced Potatoes & Vegan Sour Cream	Caribbean Butternut Squash & Black Bean Stew, Coconut Rice and Peas & Papaya Coleslaw	Vegetarian Sausages with Roast Gravy, Onion Chutney, Carrots, Broccoli & Creamy Mashed Potato	Baked Mac & Cheese with Crunchy Topping, Oven Baked Chips Garden Peas, Baked Beans, Chunky Tarte Sauce, Ketchup and Lemon
Pudding	Pear & Chocolate Sponge & Chocolate Sauce	Banana Bread Pudding with Custard	Winter Berry & Coconut Sponge	Apricot & Sultana Flapjack	Apple & Cinnamon Crumble and Custard
Week 2					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Meal	Spanish Style Chicken with Peppers, Chickpeas, New Potatoes, Green Beans & Wholemeal Garlic Bread	Beef Burger in a Sesame Bun, Shredded Iceberg, Fried Onions, Ketchup, Sweetcorn, BBQ Beans & Baked Potato Wedges	Slow Cooked Beef Lasagne Topped with Mozzarella, Chef Salad & Coleslaw	Thyme Roast Chicken With Roast Gravy, Roast Potatoes, Roast Cauliflower & Steam Leaks & Peas	Battered Fish Fillet or Sausage Dogs, Oven Baked Chips, Garden Peas or Baked Beans, Chunky Tartare Sauce, Ketchup & Lemon
Main Veg Meal	Chickpea and Vegetables Paella, Green Beans & Wholemeal Garlic Bread	Falafel Burger in a Sesame Bun Shredded Iceberg, Fried Onions, Ketchup, Sweetcorn, BBQ Beans & Baked Potato Wedges	Mediterranean Vegetable Lasagne Topped with Mozzarella, Chef Salad & Coleslaw	Vegan Beetroot & Squash Wellington, Roast Potatoes, Roast Cauliflower, Steam Leaks & Peas	Cheese, Tomato and Roasted Onion Quiche, Oven Baked Chips, Garden Peas or Baked Beans, Chunky Tartare Sauce, Ketchup & Lemon
Pudding	Sticky Lemon Sponge with Custard	Carrot Cake	Dutch Apple Caramel Tart with Custard	Pear and Apricot Crumble with Custard	Rice pudding with mixed berries

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Week 3					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Meal	Greek Garlic Lemon, Thyme Chicken & Potato Tray Bake with Broccoli & Chef's Salad	Tex Mex Turkey Enchiladas or Sancho Pollo Chicken Legs with Black Bean, Sweetcorn, Coriander Rice & Seared Greens	Thai Red Chicken Curry Coconut Rice with Thai Ginger Beansprout Salad & Prawn Cracker	Cottage Pie with Creamy Mash, Gravy & Green Beans	Battered Fish or Cheese & Onion Pattie or Sausage Dogs
Main Veg Meal	Baked Mac & Cheese with Crunchy Topping with Broccoli & Chef's Salad	Chick Pea and Vegetable Moqueta, Black Bean, Sweetcorn, Coriander Rice & Seared Greens	Butternut Squash Thai Curry, Coconut Rice, Thai Ginger Beansprout Salad & Prawn Cracker	Veggie Cottage Pie with Cheesy Mash, Gravy & Green Beans	Cheddar Leak and Potato Filo Pie with Oven Baked Chips, Garden Peas, Baked Beans, Chunky Tartare Sauce, Ketchup & Lemon
Pudding	Jamaican Ginger Cake with Custard	Banoffee Pie	Apple Puff Pastry with Cream	Lemon Blondie	Fruity Flapjack
Week 4					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Meal	Creamy Honey and Mustard Chicken with Leeks, Wholemeal Savoury Rice & Sweetcorn	Slow Cooked Beef Lasagne Topped with Mozzarella, Chef's Salad & Coleslaw	Aziz's Chicken Biryani Extras Raita Mango Chutney Onion Salad Crispy Onion	Cajun Spiced Chicken with Spicy Wedges & Chef's Salad Extras Cajun Corn Salad	Battered Fish Fillet or Jumbo Sausage Roll or Sausage Dogs with Oven Baked Chips, Garden Peas or Baked Beans, Chunky Tartare Sauce, Ketchup & Lemon

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<p>Main Veg Meal</p>	<p>Creamy Honey & Mustard Quorn, Vegetables, Wholemeal Savoury Rice & Sweetcorn</p>	<p>Mediterranean Vegetable Lasagne Topped with Mozzarella, Chef's Salad & Coleslaw</p>	<p>Vegetable & Chickpea Biryani</p> <p>Extras Raita Mango Chutney Onion Salad Crispy Onion</p>	<p>Layered Roasted Vegetable Tomato Enchilada Pie with Spicy Wedges & Chef's Salad</p> <p>Extras Cajun Corn Salad</p>	<p>Vegetable Spring Roll with Sweet and Sour Sauce, Oven Baked Chips, Garden Peas or Baked Beans, Chunky Tartare Sauce, Ketchup & Lemon</p>
<p>Pudding</p>	<p>Nutless Bakewell Tart with Custard</p>	<p>Roasted Pineapple and Ginger Cake</p>	<p>Banana Cake with Cream Cheese Frosting</p>	<p>Lemon Poppy Seed Pudding</p>	<p>Sticky Toffee Pudding with Toffee Sauce</p>